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## ABSTRACT

The invention relates to an absorbent paper product, such as a napkin or tissue, including at least two tissue paper plies which are superposed and joined, cut or precut into a desired format and connected to one another at least over a segment of a peripheral zone. The plies are joined along the segment by marking patterns without resort to glueing and at least one ply is fitted with embossing patterns in a central zone. The invention applies to sanitary and household papers, in particular disposable napkins and tissues.